

Patient-focused Self-management of CKD Project Newsletter

Issue 11: Fall 2020

Project updates:

1. Manuscript:

"Web-based self-management support prototype My Kidneys My Health for adults with chronic kidney disease: Co-design and usability testing" has been reviewed by the Journal of Medical Internet Research with a request to make revisions and re-submit.

2. My Kidneys My Health website feasibility study:

The aim of the feasibility study is to examine the effectiveness of the My Kidneys, My Health website before it is made available to the public. We are interested in usage, satisfaction, factors affecting implementation, and seeing if it changes participant self-management behavior. Study participants complete several questionnaires before and 8-weeks after receiving access to the website. We started recruitment in June and hope to reach our recruitment target of 30 consented individuals by the end of the year.

Recruitment to date:

Expressed Interest	Enrolled	Questionnaires Completed			Interviews Completed
		Baseline (week 1)	Retest (week 1)	Final (week 9)	
32	21	16	14	10	8

Participants thoughts:

“ I would definitely come back just to review some of the information that's there to kind of bring it back.... I would definitely come back to review that so that I would know what kind of questions I would want to ask”

“ You have a depression screener, that's a really good little tool. You know, more things like that are helpful.”

“ For me it boils down to the diet side of things which I'm always looking for things and probably going to be interested in the section on physical wellbeing and on travel.



Strategy for Patient-Oriented Research

SPOR

Putting Patients First 

Achievements:



Maoliosa (Mo) Donald, participated in the Kidney March this year, walking 100 km with the PeePee dancers. Although things looked a bit different with people marching in their own communities, Kidney March raised \$1,011,039.18. The PeePee Dancers raised \$61,986.60!

Next Steps:

- Can-SOLVE CKD annual Patient Engagement and KT Check-in Call – Oct. 30th, 2020
- Team meeting to discuss findings from feasibility study; dissemination and implementation plans – December 2nd, 2020

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