

Patient-focused Self-management of CKD Project Newsletter

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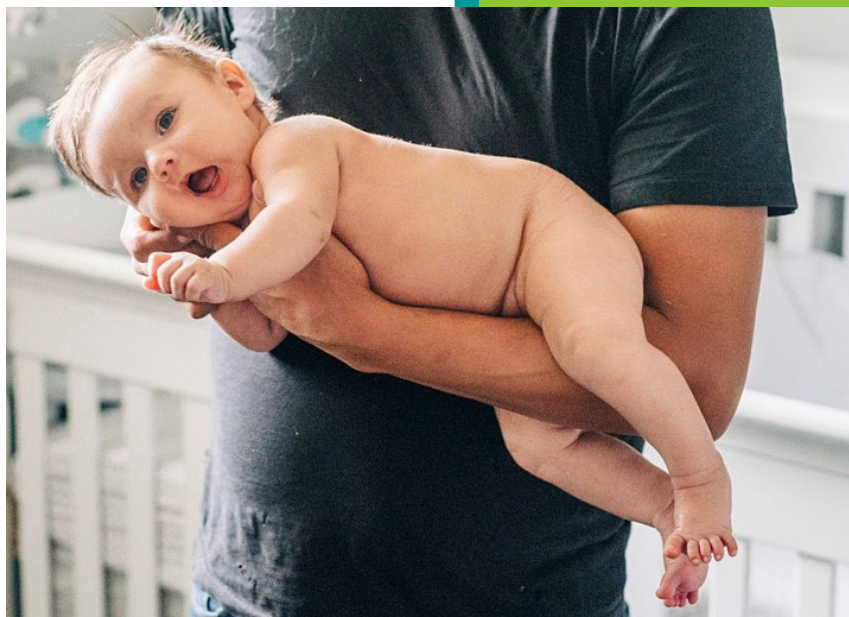


Accomplishments (April 2019 - Dec 2019)

- Two manuscripts have been accepted for publication:
 - “Content and quality of websites for patients with chronic kidney disease: An environmental scan” in the Canadian Journal of Kidney Health and Disease (CJKHD)
 - “Preferences for a self-management e-health tool for patients with chronic kidney disease: Results of a patient-oriented consensus workshop” in the Canadian Medical Association Journal Open (CMAJ Open)
- Informing and engaging stakeholders through the following events:
 - Canadian Association of Nephrology Administrators (CANA) Summit (Montreal); Canadian Society of Nephrology (CSN) Annual Meeting (Montreal); KT Canada Summer Institute (Toronto); Canadian Association of Nephrology Nurses and Technologists (CANNT) Annual Meeting; and KFOC Webinar Series (November 19, 2019) . A thank you to Dwight Sparkes for co-presenting at some of these events.
- Held a competition to name the CKD Self-management website, winning name *My Kidneys My Health*.
- A CKD self-management research team meeting was held on August 6th where team members got to view initial web-page mock ups of *My Kidneys My Health* website.
- Usability testing of *My Kidneys My Health* website prototype was completed in October.

Addition to our “family”

Congratulations to Chantel and her partner on welcoming Ronan Frank Abraham. Born June 22, 2019 weighing 7 pounds 11 ounces



Next Steps:

- Complete co-design of *My Kidneys My Health* prototype (Dec. 2019)
- Manuscript prep and submission for the co-design process and usability testing for *My Kidneys My Health* prototype. (March 2020)
- Develop and submit protocol for preliminary testing of *My Kidneys My Health* website to inform dissemination, implementation, and evaluation plans. (April 2020).
- Stay tuned for our next team meeting date in early 2020 to discuss plans for preliminary testing of the website.