

Patient-focused Self-management of CKD Project Newsletter

Issue 13: Fall 2021



Strategy for Patient-Oriented Research

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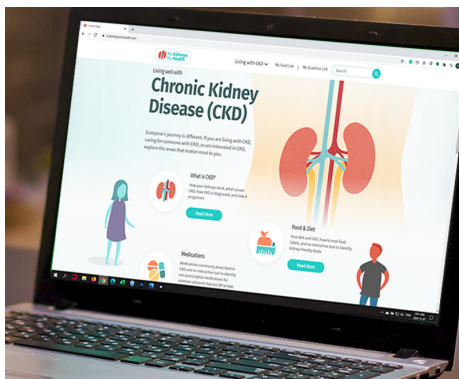
Putting Patients First 

Project updates:

1. My Kidneys My Health implementation study

The aim of the implementation study is to:

- Identify challenges that may prevent health care providers or clinics from recommending and using the My Kidneys My Health website as part of routine clinical care for people with CKD
- Evaluate what worked and what didn't to better understand how to effectively scale-up website usage in primary care and general nephrology clinic settings



We are currently recruiting health care providers and administrators from Alberta for this study. Participants will complete a qualitative interview, be provided with an implementation strategy based on their barriers/facilitators, and complete an interview 9-months later to share their thoughts on the implementation strategy. We are also submitting the study protocol to an academic journal (Global Implementation Research and Applications).

2. Dissemination activities

Thank you to our research team members, dissemination working group, Can-SOLVE CKD Network, KFOC, and many others for their support in sharing My Kidneys My Health! Since the launch of the website in March we have completed the dissemination activities listed below, and over 2,300 users have visited.

- 5 presentations and 1 [manuscript publication](#) (on co-design and usability)
- 3 articles, including an impactful [CTV article and news clip](#) (see image right of Cheryl Duff and her husband Stuart) on the Kidney March and My Kidneys My Health
- 4 newsletter mentions, and over 40 social media posts
- 2 [YouTube](#) videos highlighting patient experiences with My Kidneys My Health



Achievements:

- Our project has been selected for the Can-SOLVE CKD Phase 2 CIHR funding opportunity (we ranked 4th!)
- Can-SOLVE Network will be submitting CIHR application in early December

Next Steps:

- Submit the Feasibility Study manuscript to American Journal of Kidney Disease (AJKD)
- Welcome any ideas (events, social media outlets, etc.) to promote My Kidneys My Health Website – please send to Sabrina

For more information please contact Sabrina Jassemi sabrina.jassemi@ucalgary.ca

Thank you to Gwen & Blair!

We would like to thank Gwen Herrington and Blair Waldvogel for all their contributions as team members of the CKD self-management research group. We wish Gwen and Blair all the best as they step down from their roles. We are so grateful for the opportunity to work with you and get to know you both!



Gwen Herrington



Blair Waldvogel



Sabrina Jassemi

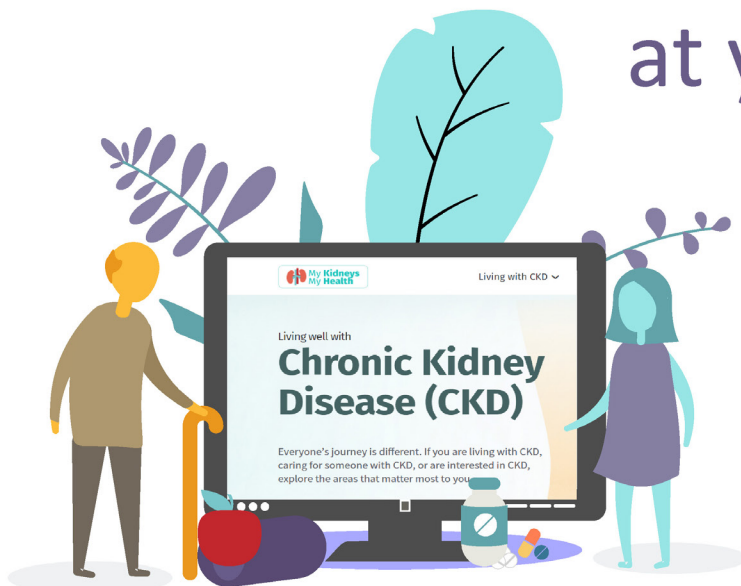
Welcome Sabrina!

We would like to welcome Sabrina to the team! Sabrina comes from a background of knowledge translation, evaluation, and research. Over the past 6 years, she has worked in Toronto in various settings, including the Ontario Renal Network where she supported early CKD and palliative care portfolios. Most recently, she worked at Toronto Public Health, where she led evaluations on the COVID-19 response.



CKD self-management at your finger tips

Everyone's journey is different. Explore My Kidneys My Health to learn more about living well with Chronic Kidney Disease



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